Seven Habits of Emerging Leaders

Twenty-five undergraduate students have committed to a seven-week leadership program being offered by Community Development and the Center for Servant Leadership. Robin Cunningham and Carol Ann Koert are facilitating the seminar series that is based on Covey’s 7 Habits for Highly Effective College Students.

The 7 Habits of Emerging Leaders encourages students to be proactive, create a personal mission statement, work as a leader, listen empathically and learn good time-management skills. This is accomplished by using written exercises, videos, initiative games and group discussions. After six weeks of training, the participants will be treated to a special evening out.

“I love the insight and guidance it provides,” said Meg Wessel, a freshman who learned about the program on BlackBoard. “It helps me to see my goals and plans in a realistic and ‘do-able’ perspective. It also gives me useful ways to accomplish my goals in an effective manner.”

Amanda Di Donato, a current Servant Leader Scholar agreed: “So far I have learned I need to take a step back and organize my life. In our last meeting we spoke of putting first things first and I think that is such an important aspect in our life that we forget. I know that being an athlete I have so many things going on that sometimes I let the small things interfere with what is truly important.”

Carol Ann and Robin will continue to challenge students to think about their goals and how they can be transitional leaders at school, work, and in their community through November 3.

New ‘Vocation Programming’ for Seniors

After the success of the Wake up and Smell the Popcorn program, Andrew Brereton has created a new vocation presentation for Junior- and Senior-level classes. The new program, entitled “Ready for Life,” asks students to consider the uncertainty of life and how their time at Seton Hall has helped them prepare for the difficult decisions that lie ahead.

Through the use of discussion questions, situational exercises and various readings, Andy asks leading questions like:

♦ Where do you see yourself in 15 years?
♦ What are your core values?
♦ What values will best serve you in your life?
♦ What are the important tools you need to get through a crisis?
♦ How well are you prepared for the ups and downs of life?

These questions are raised so the students can work through how they would make important decisions. The goal of the program is to have students identify their core values while emphasizing the importance of following their calling, even through unpredictable times.
Fast Forward

FAST Forward (Faculty, Administration, Staff Together) allows Setonians time to chew on spiritual things and not miss lunch. This semester’s theme is “Callings” and at each lunch a different example of being called in Scripture is discussed. If you would like to get an email reminder of the meeting, send your request to Dr. David Foster at fosterda@shu.edu.

The group meets every other Thursday in the Campus Ministry Lounge, Boland Hall from 12-1. The first meeting was October 6 and the discussion was the Call of Moses (Exodus 3, 4). A copy of the text is emailed to participants in advance so they have time to reflect on the story.

The other Thursdays and texts are:

♦ October 20, Call of Samuel to call David, 1 Samuel 16:1-13.
♦ December 1, Call of Mary and Elizabeth, Luke 1:26-38.

The program is a nice opportunity to meet people from other departments on campus while sharing good food and good ideas. Please contact the Center for Servant Leadership at ext. 6042 for more information.

Welcoming our New Servant Leader Scholars

This year’s Servant Leader Scholars were welcomed by Father Holmes and the staff of the Center for Vocation & Servant Leadership at a reception in the Regents Suite on September 21.

Thirty of the 42 scholars were in attendance and had the opportunity to meet each other, learn about the events for the semester and discuss the importance of servant leadership. Asked about the current program, scholar Elaine Banner said, “The Servant Leader program is important for Seton Hall because it encourages active leadership through faith and good works on campus. It promotes a type of moral and ethical leadership that is becoming rarer in the world. It rewards students that actively try to make themselves better leaders by becoming dedicated followers of a higher calling.”

The scholarships were established to support students who are examples of leadership for the good of others.

Congratulations to our 2005-2006 scholars: Duarte Aguiar, Jacqueline Arnett, Elaine Banner, Salam Beldawi, Stephen Camiolo, Andy Brereton, Patrick McLaughlin, Mary Clinton, Emily Dakin, Joseph Deaux, Evan Dembowski, Tara Didomizio, Amanda Di Donato, Kevin Donahue, Dana Efremovska, Dana Esposito, Ashley Evans, Therese Floyd, Dan Foley, Gregory Kelly, Sarah Kish, Jude Lasota, Gina Laugelli, Bonny Life, Nicholas Magroan, Mudduser Malik, Melissa Mathesius, Mary McAvoy, Tan Nguyen, Meaghan Ohrenberger, Rev. Martin Okoro, Jose Ortiz, Danielle Paleafico, Maura Reilly, Joyce Risalvato, Colleen Smith, Edward Stanks, Elizabeth Stuckart, John Szczepanik, Peter Touhill, Frank Valente, John Verdonck, and Christen Walker-James.
retreat will include talks followed by discussions,
time for personal prayer,
the celebration of Mass,
and some time for common
fun.

November 18
Leadership Retreat – Fr.
Steve Ryan and the Salesians will be facilitating this
day-long retreat on faith
and leadership. Lunch and
transportation will be in-
cluded.

November 21
Toast Alan Yost – A
Jesuit from Boston
will talk to students
about his vocation
and why he decided
to join the Jesuits.
The event will take
place in the Chancellor’s Suite at 4:00 pm.

February 3
Deadline for the Public
Service Month Essay Con-
test.

It’s Your Call: Vocation Profile
Marie Somers

1. Where were you born?
Beirut, Lebanon.

2. A defining moment in
your life was . . .
There are two: At age 7, I came
to the United States from Eng-
land – my family and I landing
at Logan Airport in Boston,
Polish refugees who had finally
found their home. I felt (more
than I actually knew) that life
would never be the same, that all
kinds of possibilities had just
opened up, and that becoming an
American would always be a
balancing act between what I
came from and what I hoped to
be.

An even more defining mo-
ment was the sudden death of my
husband when I was 39 and my
daughters were 6 and 9. As Joan
Didion has recently written about
her own husband’s death – the
suddenness and the irreversibility
of the moment is overwhelming
and catapults you into a twilight
zone all of its own. Yet at the
same time, death has a way of
defining life, and I never knew
more clearly what was important
to me, what I valued more than
life itself, what I really believed
in, than in those first moments
when death paid us a visit.

3. What is one word that
you would use to describe
yourself? Hopeful.

4. What is one word that
others would use to de-
scribe you?
Reliable.

5. What do you feel called
to do?
I have always felt that teaching is
what I do best, but not necessar-
ily in the classroom. I mean
teaching in the broadest sense:
opening up possibilities that those
around you would not have
thought of, teaching by exploring
different solutions, hopefully also
teaching by example.

6. A perfect day would
have to include . . . Family,
friends, and a great day at the
beach!

7. Describe what you do in
two words (noun and
verb).
Coordinate websites.

8. Where would
you like to travel
next?
Russia.

9. What is your
favorite pastime?
Reading, watching
old movies, traveling.

10. If you could
spend 24 hours
with anyone, liv-
ing or dead, who
would it be?
I always wanted to
have dinner with
Peter Jennings, listen
to Chopin play one of
his compositions, and
watch Napoleon in action.
Involvement Fair

The staff at the Center for Vocation and Servant Leadership met students and advertised upcoming events at the Involvement Fair on September 9. As part of Welcome Week, Community Development organized the fair to showcase opportunities for involvement on campus.

Dr. Foster, Carol Ann Koert, Kristen Weis and David Peterson were assisted by a committed group of Servant Leader Scholars in explaining the purpose of the Center and how students could get involved in our activities.

At events like this, it is helpful to have a freebie. We gave away 150 carabiners with our website information and offered chances to win a $50 Gift Certificate to the book store.

The winner of the gift certificate was Giuseppe Barone.

From the Director’s Desk

Staying Focused

Seton Hall is fortunate to have four young FOCUS volunteers (Fellowship of Catholic University Students) on campus. Allow me to introduce this year’s team.

Kate Ebeler is the campus director for the team. She returns to Seton Hall after a year at New Mexico Highlands University. Kate discovered FOCUS while she was a student at the University of Denver majoring in biology and psychology. Margot enjoys her outreach to students on campus and professes to be equally loyal to the Coliseum Gym and Dunkin Donuts.

Margot Capocci is in her third year at Seton Hall. Originally from Philadelphia, Margot got involved with FOCUS at Illinois State University where she majored in speech pathology and audiology. Margot enjoys her outreach to students on campus and professes to be equally loyal to the Coliseum Gym and Dunkin Donuts.

Patrick McLaughlin grew up the second of five children in Los Alamos, New Mexico, where his father worked for the famous laboratory. Patrick was a swimmer in college and just missed making the 1996 Olympic Team. He met FOCUS as a young Catholic in Kansas City, Missouri. Among other things, he leads a bible study for athletes on campus.

Jeff Ossinger, the team’s newest member, recently graduated from Williams College where he

FOCUS has participated in Move-In Day and the Involvement Fair. With the help of SHU students, the team is offering 13 weekly bible studies and men’s and women’s prayer nights.

Dr. David Foster